



According to Jackson Township's Jeffrey Yang, a certified classical Feng Shui consultant and the nation's only Kong Han Kung Fu instructor, Feng Shui is not about your furniture—it's about you.

by **Mimi Vanderhaven**

**T**he first thing you notice about Jeffrey Yang is his smiling eyes, filled with a positive energy reserved for those who are truly happy. The second thing you notice is that he is intensely interested in one thing—you.

As a certified Feng Shui consultant and instructor, trained in the Malaysia, Jeff is quick to point out that Feng Shui is almost certainly not what you think it is. Myths and urban legends abound.

"First," Jeffrey says, "Feng Shui is not the art of decorating your home with good luck objects nor is it even the 'art of placement' of furniture and objects. Although in the old days Chinese good luck objects were used by wealthy residents, they were never used in the context of Feng Shui."



**Jeffrey Yang,  
Feng Shui Master**

Secondly, Jeff continues, Feng Shui is not about interior design. "The furniture you buy, the color schemes and rich marble floors you choose are not part of Feng Shui studies," he says. "Arranging furniture and choosing color schemes are tasks best left to a professional interior designer. Just as you would not ask a land surveyor to advise you on interior design concepts, you should not ask a Feng Shui Master to undertake interior design work. Feng Shui and interior design are two different subjects."

Thirdly, Jeff says, Feng Shui is not about living in harmony with nature. "If we really want to live in harmony with nature, why not live in the woods?" he smiles.

So what then is Feng Shui?

"There are five categories of study in the world of Chinese metaphysics," Jeffrey explains. "They are called the Chinese Five

Arts or *Wu Shu*. They are Mountain, Medical, Divination, Destiny and Physiognomy. Feng Shui is classified under Physiognomy of the living environment, which refers to observation of appearances through formula and calculations to assess the outcome of a person living in a certain property.

"Therefore, Feng Shui is an art of assessing quality of life through observations and analysis of a person's living environment. It is a metaphysical science where one learns to recognize and tap into the Qi (cosmic energies) to help the many endeavors in life."

Jeffrey adds that the study and presence of Qi is today recognized by Western medical doctors in both acupuncture and acupressure. "Feng Shui is about Qi in the living environment and how to go about harnessing it. Because Qi is a natural phenomenon of the living environment, it is rarely "generated" by man-made objects like decorative items and designs."

Through the practice of Feng Shui using a special tool called a Loupan compass, Jeffrey has helped bring peace, happiness and prosperity to homeowners—and even to businesses. "Sometimes a business owner can do everything right and still not have customers because the energy is wrong," insists Jeffrey, who cites several examples of business clients who—after incorporating aspect of Feng Shui—went from teetering on the edge of bankruptcy to thriving. His clients include homeowners and businesses throughout the United States and Canada.

Plus, as our nation's only Kong Han Martial Arts instructor, Jeffrey also teaches Ngo Cho Kun (Five Ancesters Fist) Kung Fu, including the rare Wuzuquan Sam Chien Qi Gong, which consists of deep concentrated breathing in conjunction with Sam Chien martial art form.

*For more information about Feng Shui or to schedule a counseling session, you may reach Jeffrey Yang at 330-353-4453 or visit [www.ManchuCafe.com](http://www.ManchuCafe.com).*