

Answers to Your Questions about Feng Shui

By Sandra Lee

I invited Jeffrey Yang to my home Sunday evening. We had scheduled a counseling session and interview. I had many unanswered questions about Feng Shui, and Jeffrey proceeded to clear them up. He was taller and handsomer than I anticipated, pulling into my driveway in his sleek Corvette convertible, not fitting my pictures at all of a Feng Shui Master. We chatted incessantly and laughed easily together, as his sense of humor spilled happily over everything around us. I worried that I was betraying my religious faith, and so my first question to him was:

1. Jeffrey, is Feng Shui a religion, and does it in any way show disrespect to my faith or to any faith?

No, Feng Shui is not a religion; it is not numerology. I am not psychic. It does not show any disrespect to any religious faith. Feng Shui is not an interior designer; clutter/unclutter, hanging pictures and house numbers are not parts of feng shui. Feng Shui is a science.



2. In what way is Feng Shui a science?

Feng Shui uses a very precise scientific tool for measurement and calculation. This tool is called a Loupan Compass, and it is used to analyze space and the relationship between sun and earth, mountain and water. Feng Shui is a logical practice, which utilizes an understanding of the energy called "Qi."

3. Is Feng Shui a superstition?

No, there is nothing about Feng Shui which has anything to do with superstition. It is a genuine understanding of the power of energy and how to pull positive energy into a space.

4. You constantly talk about the front door. Is that the most important space?

Yes, in many ways the front door, to any home or building is the gateway to the soul of that space. The front door is the Qi mouth of the house to see what kind of energy is coming in from the outside environment: good or bad. It is crucial to protect all energy around your home and particularly to censure any negative energy from coming into the front door. Many things can affect this energy: the placement of trees, angles and blockages from buildings or roofs around you, whatever is visible from your front door (for example, the horizon, ponds, fountains, hills, etc.). There are many ways to impact the energy around your entrance. Many things can influence that energy, even things like the date of the ground-breaking. All of these things are taken into consideration while calculating opportunities to manipulate the "Qi".

5. Jeffrey, you told me to hang metal chimes

right at this spot at the front of the door. Why there? Why couldn't I hang them, for example, to the left of my porch?

The exact placement is crucial for these chimes. My Loupan Compass indicates that this spot exactly is in need of a "Qi" change.

6. You told me to move these mirrors away from the foot of my beds in two of the bedrooms in my home. Are mirrors placed at the foot of the bed always a bad thing?

Yes, absolutely. Mirrors can create a confusing energy and should not be reflecting your image as you sleep, particularly at the foot of the bed. Place mirrors in spots where they are convenient for dressing, but do not leave them to reflect your image for hours at a time while sleeping. This is not healthy, according to the science of Feng Shui, and creates a very negative energy.

7. Can Feng Shui enhance romance, sexuality, or harmony in a relationship?

Absolutely. Each person and space needs to be individually analyzed in order to determine what can be done to enhance these elements.

8. Are there specific Feng Shui remedies for specific ailments?

For example, I have lost my sense of smell in Cleveland. I cannot even smell the cologne I wear, which was my mother's fragrance. I miss the scent of her. This is a frustration to me, a sinus-related issue, I imagine. Can Feng Shui do anything to address this?

Yes, if you follow all of the suggestions that I make to you today, your general health should improve – and this may very well impact your sense of

smell.

Jeffrey and I walked the house and the grounds around the house for an hour and a half. We casually chatted with neighbors who brimmed with questions, all of us anxious to begin moving trees, hanging chimes, removing mirrors, and creating positive energy at our front doors. While interior decorating is not a part of Feng Shui, space energy is, and so he had us moving a cumbersome bench by my front door away from the entrance to a garden spot in front of the house. It was a beautifully aesthetic change. The next day, I scurried right out to purchase some Corinthian chimes, which I hung that evening in the exact spot Jeffrey suggested. I cracked the windows open just a bit in my library and bedroom to let in the sound of the chimes and the fountain running in the pond behind the house. I placed a constantly running rock-garden fountain in my



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library to keep the "Qi" energy moving. The landscaper is on his way to remove the tree in front of my door. I ask the tree to forgive me, I mean it no harm, but it is in the way of profoundly important "Qi!"

This is a science that my Western mind has difficulty grasping but which my "open" mind embraces with curiosity. I feel jubilant and in love with the sound of the chimes and the running water of my new library fountain. My sales have increased significantly today; I smile and wonder if this is working.

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For more information about Feng Shui or to schedule a counseling session, contact Jeffrey Yang.

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